

## ST PETER'S FOODSERVICE MENU

MONDAY

BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit

| Cereals | Breads |  |
| :---: | :---: | :---: |
| Rice Bubbles | Vogels |  |
| Natural Muesli | Fruit |  |
| Cornflakes | White | Marmite |
| Weetbix | Rye | Apricot Jam |
| Cocoa Snaps | Wholemeal | Honey |
|  |  | Butter |
|  |  | Margarine |

Drinks

- Hot chocolate
- Tea
- A selection of milks


## LUNCH

## MAIN EVENT

standard - Singapore Chicken \& Vegetable Stir Fry w/ Egg noodles
vegetarian - Chickpea \& Sesame Vegetable Stir Fry w/ Egg noodles

Accompaniments
-White rice, brown rice, couscous and quinoa

SALADS
Choose from our two freshly made salads

## BOARDERS

## DINNER

## MAIN EVENT

standard - Slow Cooked Beef Sirloin
w/ Red currant jus
vegetarian - Chickpea Cambodian Red Curry
w/ Spinach \& tofu
Accompaniments

- White rice, brown rice, couscous, quinoa \& pasta
- Lyonnaise potatoes
- A selection of two hot vegetable options, changes daily


## SALADS

Choose from our two freshly made
salads

DESSERT

- Caramelised Baked Plum Pudding
w/ Custard creme

TUESDAY

BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit
Cereals
Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

| Breads | Condiments |
| :---: | :---: |
| Vogels | Vegemite |
| Fruit | Marmite |
| White | Raspberry Jam |
| Rye | Apricot Jam |
| Wholemeal | Honey |
|  | Butter |
|  | Margarine |

## Drinks

- Hot chocolate
- Tea
- A selection of milks


## HOT BREAKFAST

- Baked beans
- Spaghetti
- Scrambled Eggs
- Miso soup


## LUNCH

## MAIN EVENT

standard - Dad's Sausage Roll w/ Mashed potatoes
vegetarian - Spinach \& Feta Sausage Roll w/ Mashed potatoes

Accompaniments

- White rice, brown rice, couscous and quinoa


## SALADS

Choose from our two freshly made salads

BOARDERS

## DINNER

## MAIN EVENT

standard - Tuesday BBQ, Chicken Kebabs \& Sausages vegetarian - Vegetable \& Tofu Kebabs

## Accompaniments

- White rice, brown rice, couscous, quinoa \& pasta
- Potato salad
- A selection of two hot vegetable options, changes daily

SALADS
Choose from our two freshly made
salads

## WEDNESDAY

BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit
Cereals
Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

| Breads | Condiments |
| :---: | :---: |
| Vogels | Vegemite |
| Fruit | Marmite |
| White | Raspberry Jam |
| Rye | Apricot Jam |
| Wholemeal | Honey |
|  | Butter |
|  | Margarine |
| Drinks |  |
| - Hot chocolate |  |
| - Tea |  |
| - A selection of milks |  |
| HOT BREAKFAST |  |
| - Baked beans |  |
| - Spaghetti |  |
| - Boiled Eggs |  |
| - Miso Soup |  |

## LUNCH

## MAIN EVENT

standard - Grilled Sumac Chicken w/ Wholemeal wraps \& mint yoghurt vegetarian - Grilled Vegetables w/ Haricot beans, pesto \& halloumi

Accompaniments

- White rice, brown rice, couscous and quinoa

SALADS
Choose from our two freshly made salads

BOARDERS

## DINNER

## MAIN EVENT

standard - Sticky Honey, Soy \& Ginger Glazed Pork Sirloin Steak
vegetarian - Honey, Soy \& Ginger Glazed Fried Tempeh

## Accompaniments

-White rice, brown rice, couscous, quinoa \& pasta

- Steamed gourmet potatoes
- A selection of two hot vegetable options, changes daily

SALADS
Choose from our two freshly made
salads

## DESSERT

- Salted Caramel Cheesecake

THURSDAY

BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit

| Cereals | Breads |  | Condiments |
| :---: | :---: | :---: | :---: |
| Rice Bubbles |  | Vogels |  |
| Natural Muesli | Fruit |  | Marmite |
| Cornflakes | White |  | Raspberry Jam |
| Weetbix | Rye | Apricot Jam |  |
| Cocoa Snaps | Wholemeal | Honey <br>  |  |
|  |  | Matter |  |
|  |  |  |  |

## Drinks

- Hot chocolate
- Tea
- A selection of milks


## HOT BREAKFAST

- Baked beans
- Spaghetti
- Scrambled Eggs
- Miso soup


## LUNCH

## MAIN EVENT

standard - Spaghetti Bolognaise
w/ Garlic bread
vegetarian - Lentil Spaghetti Bolognaise w/ Garlic bread

Accompaniments

- White rice, brown rice, couscous and quinoa

SALADS
Choose from our two freshly made salads

BOARDERS

## DINNER

## MAIN EVENT

standard - Baked Tandoori Chicken Thighs vegetarian - Tandoori Mixed Bean, Corn \& Spinach Fritters

Accompaniments

- White rice, brown rice, couscous, quinoa \& pasta
- Cubed potatoes w/ paprika
- A selection of two hot vegetable options, changes daily


## SALADS

Choose from our two freshly made
salads

## DESSERT

- Chocolate Mudcake w/ Berry compote \& ice cream

FRIDAY

BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit

| Cereals | Breads |  |
| :---: | :---: | :---: |
|  |  | Condiments |
| Rice Bubbles | Vogels |  |
| Natural Muesli | Fruit |  |
| Cornflakes | White | Marmite |
| Weetbix | Rye | Apricot Jam |
| Cocoa Snaps | Wholemeal | Honey |
|  |  | Butter |
|  |  | Margarine |

Drinks

- Hot chocolate
- Tea
- A selection of milks


## LUNCH

## MAIN EVENT

standard - Crumbed Pork Schnitzel
w/ Grumpy baker bun vegetarian - Sticky BBQ Tofu
w/ Vegetables
Accompaniments

- White rice, brown rice, couscous and quinoa

SALADS
Choose from our two freshly made salads

BOARDERS

## DINNER

MAIN EVENT
standard - Beef Nachos
vegetarian - Lentil Nachos

Accompaniments

- White rice, brown rice, couscous, quinoa \& pasta
- Wedges
- A selection of two hot vegetable options, changes daily

SALADS
Choose from our two freshly made salads

DESSERT

- Chef's Choice

SATURDAY

BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit

| Cereals |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  | Breads |  |
| Rice Bubbles |  | Condiments |  |
| Natural Muesli |  |  | Vruit |
|  |  | Marmite |  |
| Cornflakes | White |  | Raspberry Jam |
| Weetbix | Rye | Apricot Jam |  |
| Cocoa Snaps | Wholemeal | Honey |  |
|  |  | Butter |  |
|  |  |  | Margarine |

Drinks

- Hot chocolate
- Tea
- A selection of milks


## LUNCH

## MAIN EVENT

standard - Make Your Own Sandwich or Pasta Bake
vegetarian - Make Your Own Sandwich
or Vegetarian Pasta Bake
Accompaniments

- White rice, brown rice, couscous and quinoa


## SALADS

Choose from our two freshly made salads

BOARDERS

## DINNER

MAIN EVENT

## standard - Chef's Choice

vegetarian - Roast Pumpkin, Rosemary, Bean \& Feta Patties

## Accompaniments

- White rice, brown rice, couscous, quinoa \& pasta
- Smashed gourmet potatoes
- A selection of two hot vegetable options, changes daily

SALADS
Choose from our two freshly made
salads

## HOT BREAKFAST

- Baked beans
- Spaghetti
- Boiled Eggs
- Miso soup

SUNDAY
BOARDERS

## BREAKFAST

CONTINENTAL
Yoghurt selection • Fruit salad • Fresh fruit

| Cereals | Breads |  |
| :---: | :---: | :---: |
|  |  | Condiments |
| Rice Bubbles | Vogels |  |
| Natural Muesli | Fruit |  |
| Cornflakes | White | Raspberry Jam |
| Weetbix | Rye | Apricot Jam |
| Cocoa Snaps | Wholemeal | Honey |
|  |  | Butter |
|  |  |  |
|  |  |  |
|  |  |  |

Drinks

- Hot chocolate
- Tea
- A selection of milks


## BRUNCH

Bacon
Sausages
Hash browns
Roast tomatoes
English muffins
Scrambled eggs
Boiled eggs
Baked beans
Pancakes

BOARDERS

## DINNER

MAIN EVENT
standard - Oven Braised Lamb Cottage Pie w/ Red wine jus
vegetarian - Vegetable \& Legume Cottage Pie

## Accompaniments

- White rice, brown rice, couscous, quinoa \& pasta
- Roasted gourmet potatoes
- A selection of two hot vegetable options, changes daily

SALADS
Choose from our two freshly made salads

DESSERT

- Pavlova Nest
w/ Lemon curd \& passionfruit cream

