

## ST PETER'S FOODSERVICE MENU

Monday Tuesday Wednesday Thursday Friday Saturday Sunday



## **MONDAY**



FORWARD →

BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

C	er	е	a	ls

Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

### **Breads**

Vogels Fruit White Rye Wholemeal

#### **Condiments**

Vegemite
Marmite
Raspberry Jam
Apricot Jam
Honey
Butter
Margarine

#### **Drinks**

- Hot chocolate
  - Tea
- · A selection of milks

#### **HOT BREAKFAST**

- · Baked beans
- Spaghetti
- Boiled Eggs
- Miso soup

## LUNCH

#### **MAIN EVENT**

STANDARD - Beef Nachos

W/ Sour cream, grated cheese & salsa

VEGETARIAN - Garlic Pita Falafels

W/ Tzatziki

#### **Accompaniments**

· White rice, brown rice, couscous and guinoa

#### **SALADS**

Choose from our two freshly made salads

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

STANDARD - Mediterranean Baked Chicken Leg
W/ Sweet cherry tomatoes, olives & capers
VEGETARIAN - Spaghetti Lentil Balls
W/ Cherry tomatoes, olives & capers

#### **Accompaniments**

- White rice, brown rice, couscous, quinoa & pastaScallop potatoes
- · A selection of two hot vegetable options, changes daily

#### **SALADS**

Choose from our two freshly made salads

#### **DESSERT**

• Apple & Blueberry Crumble w/ Ice cream



## **TUESDAY**

← BACK





BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

**Cereals** 

Breads
Vogels
Fruit
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Vegemite Marmite Raspberry Jam White Apricot Jam Rye Wholemeal Honey Butter

**Condiments** 

Margarine

### **Drinks**

- · Hot chocolate
  - Tea
- · A selection of milks

#### **HOT BREAKFAST**

- · Baked beans
- Spaghetti
- Scrambled Eggs
  - Miso soup

## LUNCH

#### **MAIN EVENT**

**STANDARD** - Smoked Chicken w/ Sundried tomatoes, capers & penne pasta **VEGETARIAN** - Char-grilled Basil Basted Vegetables w/ Fusilli pasta

#### **Accompaniments**

· White rice, brown rice, couscous and guinoa

#### **SALADS**

Choose from our two freshly made salads

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

**STANDARD** - Tuesday BBQ, Chicken Kebabs & Sausages vegetarian - Vegetable & Tofu Kebabs

#### **Accompaniments**

- · White rice, brown rice, couscous, quinoa & pasta
  - Potato salad
- · A selection of two hot vegetable options, changes daily

#### **SALADS**

Choose from our two freshly made salads

#### **DESSERT**

- · Ice Cream
- · Ice Blocks



## WEDNESDAY

← BACK



FORWARD →

BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

Rice Bubbles
Natural Muesli
Cornflakes
Weetbix

Cocoa Snaps

**Cereals** 

Breads	Condiments	
Vogels	Vegemite	

Vogels Vegemite
Fruit Marmite
White Raspberry Jam
Rye Apricot Jam
Wholemeal Honey
Butter
Margarine

#### **Drinks**

- Hot chocolate
  - Tea
- · A selection of milks

#### **HOT BREAKFAST**

- · Baked beans
- Spaghetti
- · Boiled Eggs
- Miso Soup

## LUNCH

#### **MAIN EVENT**

STANDARD - Fried BBQ Pork Schnitzel
 W/ Crispy Baguettes
 VEGETARIAN - Vegetable Chilli Bean Nachos
 W/ Condiments

#### **Accompaniments**

· White rice, brown rice, couscous and quinoa

#### **SALADS**

Choose from our two freshly made salads

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

STANDARD - Prime Southland Slow Cooked Shoulder Chops

VEGETARIAN - Three Bean Rogan Josh

W/ Spinach & garlic pita

#### **Accompaniments**

White rice, brown rice, couscous, quinoa & pasta
Roasted agria potatoes
A selection of two hot vegetable options, changes daily

#### **SALADS**

Choose from our two freshly made salads

#### **DESSERT**

Boysenberry Cheesecake
 w/ Whipped cream



# **THURSDAY**

← BACK



FORWARD →

BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

**Cereals** 

Breads	
Vogels	
Fruit	

Fruit Marmite
White Raspberry Jam
Rye Apricot Jam
Wholemeal Honey
Butter
Margarine

**Condiments** 

Vegemite

### **Drinks**

- Hot chocolate
  - Tea
- · A selection of milks

### **HOT BREAKFAST**

- · Baked beans
- Spaghetti
- Scrambled Eggs
  - Miso soup

## LUNCH

#### **MAIN EVENT**

STANDARD - Thai Green Chicken Curry w/ Basmati rice

**VEGETARIAN** - Thai Green Chickpea & Lentil Curry

#### **Accompaniments**

· White rice, brown rice, couscous and quinoa

#### **SALADS**

Choose from our two freshly made salads

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

STANDARD - Braised Beef w/ Onion Rings

**VEGETARIAN - Roast Vegetable Stroganoff**W/ Fried tempeh

#### **Accompaniments**

- White rice, brown rice, couscous, quinoa & pasta
  - Creamy mashed potatoes
- · A selection of two hot vegetable options, changes daily

#### **SALADS**

Choose from our two freshly made salads

#### **DESSERT**

• Jelly Fruit w/ Instant pudding



## **FRIDAY**

← BACK



FORWARD →

BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

**Cereals** 

Breads
Vogels
Fruit
White
Rye

## Condiments

Vegemite
Marmite
Raspberry Jam
Apricot Jam
Honey
Butter
Margarine

#### **Drinks**

Wholemeal

- · Hot chocolate
  - Tea
- · A selection of milks

### **HOT BREAKFAST**

- · Baked beans
- Spaghetti
- Boiled Eggs
- Miso soup

## LUNCH

#### **MAIN EVENT**

**STANDARD** - Roast Beef Rump

w/ Caramalised onion jam, rich brown gravy & soft bun

vegetarian - Roasted Vegetable & Bean Red Curry

w/ Soft bun

#### **Accompaniments**

· White rice, brown rice, couscous and guinoa

#### **SALADS**

Choose from our two freshly made salads

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

STANDARD - Beef Nachos VEGETARIAN - Lentil Nachos

#### **Accompaniments**

- $\boldsymbol{\cdot}$  White rice, brown rice, couscous, quinoa & pasta
  - Chips
- · A selection of two hot vegetable options, changes daily

#### **SALADS**

Choose from our two freshly made salads

#### **DESSERT**

· Chef's Choice



## SATURDAY

← BACK





BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

**Breads** 

Rice Bubbles
Natural Muesli
Cornflakes

Weetbix

Cocoa Snaps

**Cereals** 

## Vogels Fruit White Rye

Wholemeal

### **Condiments**

Vegemite
Marmite
Raspberry Jan
Apricot Jam
Honey
Butter
Margarine

#### **Drinks**

- Hot chocolate
  - Tea
- · A selection of milks

### **HOT BREAKFAST**

- · Baked beans
- Spaghetti
- Boiled Eggs
- · Miso soup

## LUNCH

#### **MAIN EVENT**

or Pasta Bake

VEGETARIAN - Make Your Own Sandwich

or Vegetarian Pasta Bake

#### **Accompaniments**

· White rice, brown rice, couscous and guinoa

#### **SALADS**

Choose from our two freshly made salads

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

STANDARD - Chef's Choice VEGETARIAN - Quinoa Patty

w/ Egg, wedges & fresh tomato sauce

#### **Accompaniments**

- · White rice, brown rice, couscous, quinoa & pasta
  - Steamed gourmet potatoes
- · A selection of two hot vegetable options, changes daily

#### **SALADS**

Choose from our two freshly made salads

#### **DESSERT**

· Chef's Choice



## **SUNDAY**





BOARDERS

## **BREAKFAST**

#### CONTINENTAL

Yoghurt selection • Fruit salad • Fresh fruit

#### **Cereals**

Rice Bubbles
Natural Muesli
Cornflakes
Weetbix
Cocoa Snaps

### **Breads**

Vogels Fruit White Rye Wholemeal

#### **Condiments**

Vegemite Marmite Raspberry Jam Apricot Jam Honey Butter Margarine

#### **Drinks**

- Hot chocolate
  - Tea
- · A selection of milks

## **BRUNCH**

Bacon

Sausages

Hash browns

Roast tomatoes

English muffins

Scrambled eggs

Boiled eggs

Baked beans

Pancakes

#### BOARDERS

## **DINNER**

#### **MAIN EVENT**

**STANDARD - Ravi's Marvelous Meatloaf** w/ Rosemary, thyme, mustard & garlic

vegetarian - Moroccan Black Bean & Vegetable Filo Parcel

#### **Accompaniments**

- White rice, brown rice, couscous, quinoa & pasta
  - Roasted gourmet potatoes
- · A selection of two hot vegetable options, changes daily

#### SALADS

Choose from our two freshly made salads

#### **DESSERT**

· Doris Plum Trifle